



Interpreting VRAP Water Quality Monitoring Parameters

Chemical Parameters

Dissolved Oxygen (DO)

- **Unit of Measurement:** concentration in milligrams per liter (mg/L) and percent saturation (%).
- **Description:** A measure of the amount of oxygen in the water: Concentration is a measure of the amount of oxygen in a volume of water; saturation is a measurement of the amount of oxygen in the water compared to the amount of oxygen the water can actually hold at full saturation. Both of these measurements are necessary to accurately determine whether New Hampshire surface water quality standards are met.
- **Importance:** Oxygen is dissolved into the water from the atmosphere, aided by wind and wave action, or by rocky, steep, or uneven stream beds. The presence of dissolved oxygen is vital to bottom-dwelling organisms as well as fish and amphibians. Aquatic plants and algae produce oxygen in the water during the day, and consume oxygen during the night. Bacteria utilize oxygen both day and night when they process organic matter into smaller and smaller particles.

Class A NH Surface Water Quality Standard: 6 mg/L at any place or time, or 75% minimum daily average – (unless naturally occurring).

Class B NH Surface Water Quality Standard: 5 mg/L at any place or time or 75% minimum daily average – (unless naturally occurring).

Several measurements of oxygen saturation taken in a 24-hour period must be averaged to compare to the 75 percent daily average saturation standard. The concentration of dissolved oxygen is dependent on many factors including temperature and sunlight, and tends to fluctuate throughout the day. Saturation values are averaged because a reading taken in the morning may be low due to respiration, while a measurement that afternoon may show that the saturation has recovered to acceptable levels. Water can become saturated with more than 100 percent dissolved oxygen.

pH

- **Unit of Measurement:** units (no abbreviation).
- **Description:** A measure of hydrogen ion activity in water, or, in general terms, the acidity of water. pH is measured on a logarithmic scale of 0 to 14, with 7 being neutral. A high pH indicates alkaline (or basic) conditions and a low pH indicates acidic conditions. pH is influenced by geology and soils, organic acids (decaying leaves and other matter), and human-induced acids from acid rain (which typically has a pH of 3.5 to 5.5).
- **Importance:** pH affects many chemical and biological processes in the water and this is important to the survival and reproduction of fish and other aquatic life. Different organisms flourish within different ranges of pH. Measurements outside of an organism's preferred range can limit growth and reproduction and lead to physiological stress. Low pH can also affect the toxicity of aquatic compounds such as ammonia and certain metals by making them more "available" for uptake by aquatic plants and animals. This can produce conditions that are toxic to aquatic life.

Class A NH Surface Water Quality Standard: Between 6.5 and 8.0 (unless naturally occurring).

Class B NH Surface Water Quality Standard: Between 6.5 and 8.0 (unless naturally occurring).

Sometimes, readings that fall below this range are determined to be naturally occurring. This is often a result of wetlands near the sample station. Wetlands can lower pH because the tannic and humic acids released by decaying plants can cause water to become more acidic.

pH Units	Category
<5.0	High Impact
5.0 – 5.9	Moderate to High Impact
6.0 – 6.4	Normal; Low Impact
6.5 – 8.0	Normal
6.1 – 8.0	Satisfactory

Specific Conductance or Conductivity

- **Unit of Measurement:** micromhos per centimeter (umhos/cm) or microsiemens per centimeter (uS/cm).
- **Description:** The numerical expression of the ability of water to carry an electrical current at 25° C and a measure of free ion (charged particles) content in the water. These ions can come from natural sources such as bedrock, or human sources such as stormwater runoff. Specific conductance can be used to indicate the presence of chlorides, nitrates, sulfates, phosphates, sodium, magnesium, calcium, iron, and aluminum ions. There is a difference between conductivity and specific conductance. Specific conductance measures the free ion content of water at a *specific* water temperature, whereas conductivity measures the free ion content of water at 25° C. VRAP uses the term “specific conductance” because our conductivity measurements account for temperature. In some studies and programs, the term “conductivity” is used. This term should only be used when the measurement *does not* adjust to a specific temperature.
- **Importance:** Specific conductance readings can help locate potential pollution sources because polluted water usually has a higher specific conductance than unpolluted waters. High specific conductance values often indicate pollution from road salt, septic systems, wastewater treatment plants, or urban/agricultural runoff. Specific conductance can also be related to geology. In unpolluted rivers and streams, geology and groundwater are the primary influences on specific conductance levels.

Class A/B NH Surface Water Quality Standard: No numeric standard.

Although NH surface water quality standards do not contain numeric criteria for specific conductance, the NH Consolidated Assessment and Listing Methodology (CALM) allows for instantaneous specific conductance measurements to be used as a surrogate to predict compliance with numeric water quality criteria for chloride. NHDES has developed a statewide specific conductance to chloride relationship based on simultaneous measurement of specific conductance and chloride.

The Class B New Hampshire surface water quality standard for chloride and corresponding specific conductance measurements are as follows:

■ Freshwater chronic criterion	230 mg/l	835 uS/cm
■ Freshwater acute criterion	860 mg/l	2755 uS/cm

Specific Conductance (<i>uS/cm</i>)	Category
0 – 100	Normal
101 – 200	Low Impact
201 – 500	Moderate Impact
> 501	High Impact
>835	Exceeding chronic chloride standard

Turbidity

- **Unit of Measurement:** Nephelometric Turbidity Units (abbreviated as NTU).
- **Description:** A measurement of the amount of suspended material in the water. This material, which is comprised of particles such as clay, silt, algae, suspended sediment, and decaying plant material, causes light to be scattered and absorbed, rather than transmitted in straight lines through the water.
- **Importance:** Higher turbidity increases water temperatures because suspended particles absorb more heat. This, in turn, reduces dissolved oxygen (DO) concentrations because warm water holds less DO than cold water. Higher turbidity also reduces the amount of light that can penetrate the water, which reduces photosynthesis and DO production. Suspended materials can clog fish gills, reducing disease resistance, lowering growth rates, and affecting egg and larval development. As the particles settle, they can blanket the stream bottom, especially in slower waters, and smother fish eggs and benthic macroinvertebrates. Clean waters are generally associated with low turbidity, but there is a high degree of natural variability involved. Rain events can increase turbidity in surface waters by flushing sediment, organic matter and other materials into the water. Human activities such as vegetation removal and soil disruption can also lead to dramatic increases in turbidity levels.

Class A NH Surface Water Quality Standard: As naturally occurs.

Class B NH Surface Water Quality Standard: Shall not exceed naturally occurring conditions by more than 10 NTU.

Physical Parameters

Temperature

- **Unit of Measurement:** Degrees Celsius (° C)
- **Importance:** Water temperature is a critical parameter for aquatic life and has an impact on other water quality parameters such as dissolved oxygen concentrations, and bacteria activity in water. Water temperature controls the metabolic and reproductive processes of aquatic species and can determine which fish and macroinvertebrate species can survive in a given river or stream.

A number of factors can have an impact on water temperature including the quantity and maturity of riparian vegetation, the rate of flow, the percent of impervious surfaces contributing stormwater, thermal discharges, impoundments and groundwater.

Class A NH Surface Water Quality Standard: No numeric standard; as naturally occurs.

Class B NH Surface Water Quality Standard: No numeric standard

Although there is currently no numerical water quality criteria for water temperature, NHDES is in the process of collecting biological and water temperature data that will contribute to the development of a procedure for assessing rivers and stream based on water temperature and its corresponding impact to the biological integrity of the waterbody.

Chlorophyll-a (Chlor a)

- **Unit of Measurement:** Milligrams per liter (mg/L).
- **Description:** An indicator of the biomass, or abundance, of planktonic algae in the river. The technical term “biomass” is used to represent “amount by weight.” Chlorophyll-a can be strongly influenced by phosphorus, which is derived by natural and human activities.
- **Importance:** Because algae is a plant and contains the green pigment chlorophyll-a, the concentration of chlorophyll-a found in the water gives an estimation of the concentration of algae. If the chlorophyll-a concentration increases, this indicates an increase in the algal population.

Class A NH Surface Water Quality Standard: No numeric standard.

Class B NH Surface Water Quality Standard: No numeric standard.

Chlorophyll-a (mg/L)	Category
< 3	Excellent
3 – 7	Good
7 – 15	Less than desirable
> 15	Nuisance

Total Phosphorus (TP)

- **Unit of Measurement:** Milligrams per liter (mg/L).
- **Description:** A measure of all forms of phosphorus in the water, including inorganic and organic forms. There are many sources of phosphorus, both natural and human. These include soil and rocks, sewage, animal manure, fertilizer, erosion, and other types of contamination.
- **Importance:** Phosphorus is a nutrient that is essential to plants and animals. However, excess amounts can cause rapid increases in the biological activity in water. Phosphorus is usually the “limiting nutrient” in freshwater streams, which means relatively small amounts can increase algae and chlorophyll-a levels. Algal blooms and/or excessive aquatic plant growth can decrease oxygen levels and make water unattractive. Phosphorus can indicate the presence of septic systems, sewage, animal waste, lawn fertilizer, road and construction erosion, other types of pollution, or natural wetlands and atmospheric deposition.

Class A/B NH Surface Water Quality Standard: There is no numeric standard for total phosphorus for Class A/B waters. The narrative standard states that “unless naturally occurring, shall contain no phosphorus in such concentrations that would impair any existing or designated uses.” New Hampshire’s surface water regulations (Env-Wq 1700) for Class B waters include narrative criteria for phosphorus which state that “unless naturally occurring, shall contain no phosphorus in such concentrations that would impair any existing or designated uses”. New Hampshire does not currently have numeric nutrient criteria for rivers and streams, but is in the process of developing them. Draft numeric nutrient criteria developed for Vermont and Maine surface waters indicate a maximum allowable summer mean phosphorus level of approximately 0.035 mg/L. Although this value is approximately two to three times typical natural background levels in many rivers and streams, it is considered protective of all designated uses (i.e., swimming, aquatic life, etc) in Vermont and Maine. It’s possible that phosphorus criteria for New Hampshire rivers and streams will be similar.

Total Phosphorus (mg/L)	Category
< 0.010	Ideal
0.011 – 0.025	Average
0.026 – 0.049	More than desirable
≥ 0.050	Potential nuisance concentration

Total Kjeldahl Nitrogen (TKN)

- **Unit of Measurement:** Milligrams per liter (mg/L).
- **Description:** A measure of the amount of ammonia and organic nitrogen in the water.
- **Importance:** High nitrogen levels can increase algae and chlorophyll-a levels in the river, but is generally less of a concern in fresh water than phosphorus. Nitrogen can indicate the presence of sewage, animal waste, fertilizer, erosion, or other types of pollution.

Class A NH Surface Water Quality Standard: No numeric standard; as naturally occurs.

Class B NH Surface Water Quality Standard: No numeric standard; as naturally occurring, shall contain no nitrogen in such concentrations that would impair any existing or designated uses.

TKN (mg/L)	Category
< 0.25	Ideal
0.26 – 0.40	Average
0.41 – 0.49	More than desirable
≥ 0.50	Excessive (potential nuisance concentration)

Other Parameters

Chloride

- **Unit of Measurement:** Milligrams per liter (mg/L).
- **Description:** The chloride ion (Cl-) is found naturally in some surface waters and groundwater. It is also found in high concentrations in seawater. Higher-than-normal chloride concentrations in freshwater is detrimental to water quality. In New Hampshire, applying road salt for winter accident prevention is a large source of chloride to the environment. Unfortunately, this has increased over time due to road expansion and increased vehicle traffic. Road salt (most often sodium chloride) readily dissolves and enters aquatic environments in ionic forms. Although chloride can originate from natural sources, most of the chloride that enters the environment is associated with the storage and application of road salt. As such, chloride-containing compounds commonly enter surface water, soil, and groundwater during late-spring snowmelt (since the ground is frozen during much of the late winter and early spring). Sodium chloride is also used on foods as table salt, and consequently is present in human waste. Thus, sometimes chloride in water can indicate sewage pollution. Saltwater intrusion can also elevate groundwater chlorides in drinking water wells near coastlines. Chloride ions are conservative, which means they are not degraded in the environment and tend to remain in solution, once dissolved. Chloride ions that enter ground water can ultimately be expected to reach surface water and, therefore, influence aquatic environments and humans.
- **Importance:** Research shows elevated chloride levels can be toxic to freshwater aquatic life. Among the species tested, freshwater aquatic plants and invertebrates tend to be the most sensitive to chloride. In order to protect freshwater aquatic life in New Hampshire, the state has adopted acute and chronic chloride criteria.

Acute Standard: 860 mg/L.

Chronic Standard: 230 mg/L.

Escherichia Coliform Bacteria (*E. coli*)

- **Unit of Measurement:** Counts per 100 milliliter (cts/100 mL).
- **Description:** An indicator of the potential presence of pathogens in fresh water. *E. coli* bacteria is a normal component in the large intestines of humans and other warm-blooded animals, and can be excreted in their fecal material. Organisms causing infections or disease (pathogens) are often excreted in the fecal material of humans and other warm-blooded animals.
- **Importance:** *E. coli* bacteria is a good indicator of fecal pollution and the possible presence of pathogenic organisms. In freshwater, *E. coli* concentrations help determine if the water is safe for recreational uses such as swimming.

Several factors can contribute to elevated *E. coli* levels, including, but not limited to rain storms, low river flows, the presence of wildlife, and the presence of septic systems along the river.

Class A NH Surface Water Quality Standard: Unless naturally occurring, shall contain not more than either a geometric mean of 47 *E. coli* cts/100 mL based on at least three samples obtained over a sixty-day period, or greater than 153 *E. coli* cts/100 mL in any one sample.

Class B NH Surface Water Quality Standard: Unless naturally occurring, shall contain not more than either a geometric mean of 126 *E. coli* cts/100 mL based on at least three samples obtained over a sixty-day period, or greater than 406 *E. coli* cts/100 mL in any one sample.

Metals

Depending on the metal concentration, its form (dissolved or particulate), and the hardness of the water, trace metals can be toxic to aquatic life. Metals in dissolved form are generally more toxic than metals in the particulate form. The dissolved metal concentration is dependent on pH, as well as the presence of solids and organic matter that can bind with the metal to render it less toxic.

Hardness is primarily a measure of the calcium and magnesium ion concentrations in water, expressed as calcium carbonate. The hardness concentration affects the toxicity of certain metals. New Hampshire water quality regulations include numeric criteria for a variety of metals. Since dissolved metals are typically found in extremely low concentrations, the potential contamination of samples collected for trace metals analyses has become a primary concern of water quality managers. To prevent such contamination and to ensure reliable results, the use of “clean techniques” is becoming more and more frequent when sampling for dissolved metals. Because of this, sampling for metals may be more costly and require additional effort than in the past.

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